

2025

# THE SPA at ILSINGTON

NEAR HAYTOR, DARTMOOR



*Sauna*  
*Heated Indoor Pool*  
*Steam Room*  
*Hydrotherapy Pool*  
*Fitness Suite*

**OPENING HOURS:**  
7.30AM–9.00PM DAILY

CHILDREN UNDER 16 ARE PERMITTED TO SWIM BETWEEN THE HOURS OF 8.00–10.00AM AND 4.00–7.00PM ONLY

The Ilsington Hotel is situated within the Dartmoor National Park yet only 5 minutes drive from the A38, and approximately 4 miles from Bovey Tracey and 7 miles from Newton Abbot. The self-contained leisure complex is well equipped with 12 metre indoor heated swimming pool, sauna, steam room, hydrotherapy pool and fitness suite.

The hotel provides members of the Spa with parking and full hotel facilities including bar, restaurant, sun terrace coffees and cream teas.

The local tennis courts can be booked and paid for at the leisure club and are only 400 metres from the hotel.

It is our aim to provide a friendly atmosphere in which you may relax and take your exercise.

Please call in and we shall be delighted to show you around and answer any questions you may have.

## 2025 Subscriptions

### Full Membership

**FOR ALL OF THE FACILITIES, SEVEN DAYS A WEEK FROM 7.30am–9.00pm**

Membership for 9 months or longer can be paid by standing order on a rolling contract. We require a full month's notice to terminate membership. The first month's payment plus joining fee (if applicable) will be taken upon joining. See Standing Order mandate.

*Joining fee £50 single, £75 joint. Children under 16 years old are charged at £25 per month.*

### Off Peak Membership

**FOR ALL OF THE FACILITIES, LIMITED TO THE PERIOD 7.30am–3.00pm, MON–FRI ONLY**

Membership for 9 months or longer can be paid by standing order on a rolling contract. We require a full month's notice to terminate membership. The first month's payment plus joining fee (if applicable) will be taken upon joining. See Standing Order mandate.

*Joining fee £50 single, £75 joint. Children under 16 years old are charged at £20 per month.*

	Single Adult (16 yrs or over)	Joint (two individuals sharing the same address)
3 Monthly	£355	£590
6 Monthly	£610	£1020
12 Monthly	£915	£1495
Standing order (minimum 9 months)	£80 per month	£135 per month

	Single Adult (16 yrs or over)	Joint (two individuals sharing the same address)
3 Monthly	£250	£450
6 Monthly	£430	£770
12 Monthly	£675	£1165
Standing order (minimum 9 months)	£60 per month	£100 per month

*Please note that robes and towels are not provided to members and we respectfully request you bring your own. Towels may be hired at £2.50 each and robe packs (to include towels) at £5.00.*

### Membership Benefits

As members of the Ilsington Spa you will be able to enjoy:

- 10% discount on all food and beverage in the Hotel
- 10% off treatments (must be booked in advance and cannot be used with other special offers)
- 10% off accommodation (Sunday to Thursday only)

Discounts are subject to availability and cannot be used in conjunction with any other offers, themed evenings, taster menu or during the festive period (23rd December to 2nd January). Maximum of 6 people per table.

### Day Spa Packages & Treatments

**Please see separate leaflets or our website for our Spa packages and list of treatments.**

ILSINGTON VILLAGE SOUTH DEVON TQ13 9RR  
**T** 01364 661452 **F** 01364 661307  
**E** HOTEL@ILSINGTON.CO.UK  
**WWW.ILSINGTON.CO.UK**

# Application for Membership

- Full Membership       Single     Joint       Standing Order  
 Off Peak Membership       Family, number of children: .....       3 mths     6 mths     12 mths

Two passport photographs will be required for each person, including children, when you return this application form.

Mr/Mrs/Miss Surname ..... First Name .....

Mr/Mrs/Miss Surname ..... First Name .....

Children's Name(s) .....

Address .....

Postcode: .....

Telephone No (daytime) ..... Telephone No (evening) .....

Email .....

Occupation ..... Previous member No. ....

I hereby apply for membership of The Ilington Spa commencing on ..... and terminating on .....

I confirm that I have read and accept and will abide by the Club's rules and my nominees will be informed by me of the rules and of the fact that their nomination by me and use of the Club is subject to their acceptance of all these rules.

£ .....

Signed: ..... Date: .....

## Spa Rules

### 1. The Club

The club shall be called The Spa, and shall be a proprietary club owned by Lauderdale Holidays Ltd. (the 'Owner'), located at The Ilington Hotel, Ilington, near Newton Abbot, Devon, and administered by the Manager of the Club (the 'Manager') or by such person as the Owner shall nominate.

### 2. Membership

- Persons wishing to become Members of the Spa shall complete the official application form, included in this leaflet and submit the form to Reception. Further application forms may be obtained from Reception. Each application form must be accompanied by the relevant entry fee which is at the time in force and the appropriate annual subscription which may be payment in advance or standing order as outlined in the subscriptions.
- Absolute discretion is granted to the Owner and the Manager to reject any application or renewal for Membership without ascribing any reason for so doing; in such case any monies sent will immediately be refunded.
- On acceptance of an application, the applicant will be sent a Membership card which will remain the property of the Owner and upon termination of membership for whatever reason will be returnable to the Owner on demand.
- Membership is non-transferable from person to person.
- Temporary membership is offered to the Hotel Guests during their stay in the Hotel.

### 3. Subscriptions

- The joining fee is applicable to all new Members or for lapsed membership.
- Annual subscriptions and charges for individual facilities shall be such amounts as the Owner in its sole discretion shall determine from time to time.
- Membership of the Spa shall commence from the day of acceptance following the receipt of subscription.
- Membership shall be renewed by payment to the Spa of the relevant subscription in force on or before the expiry date shown on the Member's membership card. A full month's notice must be given for termination of standing order. If standing order is cancelled without notification then a full month's membership will be due, plus any banking costs that may have been charged.
- Refunds will not normally be given and we ask that Members take out a trial session before signing up so as to ensure that the Spa and its facilities suit them. If a membership is to be transferred or deferred an administration charge will apply.

### 4. Club Facilities and Usage

- Persons under 16 years of age are permitted to use the facilities when accompanied by an adult who shall at all times be responsible for that person's conduct and safety. (Under 16 years may not use the fitness suite, sauna, steam room or hydrotherapy pool).
- Members and their guests are particularly advised not to undertake strenuous physical activity for which they might be medically unfit and the Owner will not be responsible for any harm which may come to a Member or Guest as a result of their undertaking within the Spa, any activity which is beyond their physical capability. Members and Guests are advised to have a consultation and assessment before commencing exercise. Those declining an assessment must sign a disclaimer before using the Fitness Suite. A fitness assessment does not constitute a medical examination.
- Members should not use the facilities of the Spa while under the influence of alcohol, antihistamines, vasoconstrictors, narcotics or tranquilisers. Those with diabetes, heart disease or high/low blood pressure should check with their doctor, or qualified Member of staff that is safe for them to use the Spa's facilities.
- Members and Guests should be suitably attired whilst using the facilities. Gym shoes should be worn at all times in the Fitness Suite and no wet clothes are allowed.
- The Owner reserves the right to restrict the number of Members using the facilities at any one time.

### 5. Club Admission

- All guests must be accompanied by a Member and must sign the Guest Book at the Hotel Reception. Membership cards must be produced.
- Except with the prior consent of the Manager, no Member shall at any time introduce any guest who has been rejected as a Member or had membership terminated or suspended.
- A Member introducing a guest shall be responsible for the good conduct of such guest while on Spa premises and shall ensure that such guest complies with the Rules of the Spa. A Member shall not leave the premises before his guest.
- Each Member shall be entitled to be accompanied by not more than two guests and shall be responsible for payment of all guest expenses and entry charges (specified from time to time by the Owner).
- Members are responsible for their guest at all times and the same guest can only be invited three times in any one year.

### 6. Opening Times

The times at which any or all of the facilities shall be available to Members and guests shall be at the discretion of the Owner or the Manager. Any or all of the facilities may be closed at any time for the purpose of cleaning, decoration, repairs, events or special functions. From time to time there may be periods when equipment is out of order due to damage, breakdown or servicing. The Owner shall remedy this as soon as possible and no compensation will be given for facilities being out of order.

### 7. Owners Liability

The Owner and its employees will not be liable in any way for the loss of, or damage to, the property of Members or guests or for personal injury to, or death of, any Members or guest. Members are advised to insure themselves and their guests, and also against loss of personal property.

### 8. Security

Money and valuables may be handed in to the hotel reception for safe keeping. No responsibility can be accepted for loss of such items in the Spa.

### 9. Termination of Membership

The Owner or the Manager in their discretion and without giving reason therefore, may at any time terminate the membership of any Member. It shall be at the sole discretion of the Owner whether or not a Member's subscription shall be repayable to him in whole or in part in any case of termination or membership.

### 10. Closing the Club

The Owner shall have the power and right at any time upon one month's notice to Members to discontinue the Spa upon refunding to Members the unexpired portion of their subscription.

### 11. Compliance with Rules

By their membership Members accept and agree to be bound by the Rules of the Spa from time to time in force. The Owner in its sole discretion may at any time vary these Rules or any entry fee or membership subscription or any of the charges for the use of any or all of the facilities. Notice of such variation shall be given to Members by exhibition thereof on the Spa's notice board. Members will further comply with any discretion which the Manager may give to ensure the smooth operation of the Spa, the use of facilities and the convenience of all Members.

### 12. No pets, radios, lilos or balls are allowed in the recreational premises and no jumping or diving into the swimming pool.

### 13. By providing your contact details, you consent to the collection, use and processing of this information by Ilington Hotel to provide and send you information about our products and services. If we decide to change our privacy policy, we will post those changes on our website so that you are always aware of what information we collect, how we use it and under what circumstances we disclose it.

At any time you may elect to no longer receive any information or communications from Ilington Hotel. This can be done by emailing [hotel@ilington.co.uk](mailto:hotel@ilington.co.uk)